



Monday Matters

November 25, 2013

Be Thankful For The Small Stuff

Each year as we approach the Thanksgiving holiday, we reflect on all those big things we are thankful for in the past year. I guess it's easier to think of those big things than smaller things.

Kristine Carlson once wrote: "It's easy to become immune to, and much less grateful for, the small things in our lives. We allow our feelings of being overwhelmed and our yearning for achievement and material satisfaction to overshadow the precious little gems of life that are all around us."

If you knew that you only had one day to live, what would you think about your car or favorite pair of shoes or would it be the more everyday joys that occupy your mind?

A person who celebrates only the big stuff will have only fleeting moments of happiness, at best. On the other hand, a person who feels grateful for the small things in life will be happy a majority of the time. Virtually everywhere they look, they will find cause for celebration.

This isn't a prescription to pretend that things are better than they are or a suggestion that there isn't plenty of ugliness and pain in the world. There is. What it is, however, is the acknowledgement that when you are honest and reflective about what's important in life, it's the smaller things that win the prize."

As Linda and I looked at the past year, we have found much to be thankful for. We thought we would share just a few of the small things from this year.

What Am I Thankful For? (The Small Stuff)



- Conversations with sisters
- Walking in the woods
- Children and grandchildren
- Old and new friends
- Coffee in the morning
- Good sermon
- Watching the creek flow
- Apples from the tree
- My grandmother's cookie jar
- Homegrown vegetables
- Riding the horses

by Linda J. Nelson

What Am I Thankful For? (The Small Stuff)



- Cool days to work outside
- Reading a good book
- Fire in the stove on a cold night
- Seeing deer run in the fields
- Skyping with the grandkids
- Mondays
- A country drive to town
- A great church with new friends
- Time to relax and enjoy life
- Stars in the sky
- Our little dog

by Ron Nelson

As we look forward to the Thanksgiving holiday, let us all remember the blessings we have received and be thankful for them. And especially think about the small things in life. We have so much to be thankful for but it's those little things that bring joy and happiness to our hearts. Count your blessings and name them one by one.

Psalm 100:4 - Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.



**Praise God, from Whom All
Blessings Flow**
Sung by The Martins

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