



Monday Matters

May 6, 2013

This Goes to the Dogs!

Our son recently gave us a little surprise gift. It was a canister of seeds, a wide variety of vegetable seeds. My garden imagination suddenly broadened. Gardening is wonderful and rewarding, and we have started to enjoy it. Having more enthusiasm than garden experience, I will treasure these little seeds and specially determine how to grow them under the best of conditions.

I am a vegetable lover. There are few vegetables I dislike. Looking at seed catalogs of vegetables is just plain fun. It wasn't always that way. When I was young and in the fourth or fifth grade, I remember being left at the supper table to finish my vegetables. The vegetables were some kind of mixed vegetables with the main culprit being lima beans. To this day I will confess to my dislike of lima beans. It was summer and sitting at the table rather than being outside playing was in my estimation not a good or necessary thing. I had some (my siblings would probably say many) naughty moments in my youth. So I schemed away trying to find a way to make the vegetables disappear. Our dog "Nip" would eat anything...even those dreaded mix of vegetables. So "Nip" accommodated me while I fed them to him by hand, under the table. That released me for happier times.



I Want to Be More Like Jesus Every Day

Quote of the Week

"I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit, he prunes so that it will be even more fruitful."

~ John 15:1 ~



We all know practicing good health habits is a worthy thing. What we eat, including vegetables, is a determining factor for a healthy life. There are valuable volumes on how to get and stay healthy.

Dr. Richard Robbins reminds us how to have a healthy view of God.

1. A healthy view of God sees Him as an intimate God.

Jeremiah 29:11 says, "For I know the thoughts that I think toward you, saith the Lord, thoughts of peace, and not of evil, to give you an expected end."

2. A healthy view of God sees God as a caring God.

Luke 12:7 says, "Indeed, the very hairs of your head are all numbered. Don't be afraid; you are worthy more than many sparrows." (NIV)

3. A healthy view of God sees God as trustworthy.

Deuteronomy 33:27 says, "The eternal God is your refuge..."

Practice a healthy relationship with God. Read and meditate on the living Word of God. Develop great intimacy with God. Pray, knowing He hears and cares about your pleas. Trust His plan for you. It may not always appear to be the best plan, but His plan is holy. Be healthy, God cares for your spiritual health.

by Linda J. Nelson

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