



Monday Matters

July 8, 2013

Is It Time To Get On Your Horse?

Recently I bought a horse, a Tennessee Walker. She's a big horse; probably too big for me, but I've learned how to get on her - not so gracefully or skillfully, but I can get on her. Harley (yes, that's her name...probably because she has a big motor and loves to run) is twelve years old and not new to this horse-back riding job.

It took her a while to settle into her new home, but I have spent lots of time with her. She is used to my voice and she depends on me to pet her, brush her, fuss around her...and most of all give her treats. Sometimes I think she must be lonely, but her previous owners said that Harley was the peacemaker in the herd



**"Waiting for
Tomorrow" sung by
Mandisa**

and was with a bossy mare who would bite her. They thought she would be happy to be away from that kind of horse world. Also, I've been told that it is good for her to be alone with me for a while so she doesn't end up connecting with another horse, rather than with me. She has an independent nature and seems very content, but also seems to enjoy visits throughout the day.

After collecting all the necessary items - a headstall, saddle, etc. - I was finally ready to ride her on my own. I will admit I was very anxious for this moment to happen. I learned valuable things on that ride about Harley and about myself. I felt an accomplishment. It was something I have thought about for many years. My next goal is to get better at riding her...I have plenty yet to learn.

A few years ago I watched my granddaughter ride her bike without her training wheels. My son ran alongside her encouraging her as she struggled to balance the bike while traveling in a straight line. It was a challenge, but once she accomplished it, she gained valuable confidence that became a little part of her skillset to accept the next challenge.

A psychotherapist was treating a college girl for depression. She was so depressed that she couldn't get her homework done. The therapist decided that during the first thirty minutes of their session they would do homework rather than talk about and analyze her past. When the thirty minute study session was completed along with the homework, the girl didn't feel so depressed...she started feeling better about herself because she had accomplished something she didn't think she could do.

Check out this short interview by Mandisa



The Story Behind "Waiting For Tomorrow"

Quote of the Week

"Don't wait until everything is just right. It will never be perfect. There will always be challenges, obstacles and less than perfect conditions. So what. Get started now. With each step you take, you will grow stronger and stronger, more and more skilled, more and more self-confident and more and more successful."

~Mark Victor Hansen~

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General McClellan was waiting for the entire army to be in perfect condition before facing the enemy in the Civil War. One day President Lincoln asked if he might borrow the army if McClellan wasn't going to use it.

Psychologist, Charles Lowery, says that there are usually no perfect and ideal situations. He says there is a difference between living in the waiting room and waiting in the living room. There is a time to use the resources and gifts God has blessed you with and use them to make life the best journey ever.

Are you waiting for something great to happen? Maybe you have even thought about that something for a long time. Is it time to get on that horse, or take off those training wheels or engage the army? Could it be possible that you will make a mistake and not hit the mark exactly? There could be set-backs, but is it time to go beyond just taking aim?

Know God sees your longings, big or small, and He knows your heart. Can you engage enough bravery to move...to move towards the greatest things in life?

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"Hover Love"
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