



Monday Matters

January 19, 2015



Have you ever had the thought deep down inside you that there must be more to life? Have you ever thought about what you are doing, the choices you have made or where your life is headed? Are you just coasting along in life waiting for something better to come along?

Ivan Chan has come up with several points on "How to tell if you are wasting your life." If any or all of these points describe you, it might be time to reverse these habits and move in a different direction.

- **"Good enough" becomes the new standard** - Being content with what you have is fine, but make sure you don't confuse "being content" with "settling for less."
- **You think work is the only thing that matters** - Work to live; don't live to work.
- **You are always chasing the latest toy** - But if you're always chasing
- after material things, you should ask yourself why. Could chasing toys be a reflection of your unhappiness and yearning for something more in life?

- **Television is your best friend** - According to a recent study published by Nielsen, Americans on average spend over 30 hours a week watching TV. That's over 4 hours a day. Maybe you should spend some of that time with friends and loved ones instead. Otherwise, you may very well die alone.
- **You often escape into a fantasy world** - You should never replace living with mere fantasizing. Live your dreams instead.
- **You always have a reason not to take action** - Isn't it funny how some people say they want something, but never actually take ACTION to make it happen? Always remember that inaction gets you nowhere in life except to a place filled with regret.
- **You often find yourself reliving the past** - Are you really content with spending your waking hours reliving the good old days while others actually go and live new adventures?



Greatly Blessed, Highly Favored

From time to time I imagine we can all see ourselves fitting into some of these points. However, it is when we make the decision that these points become a regular part of our lives that we are truly wasting our lives away.

I was recently reading some material by John Piper, the author of "Don't Waste Your Life" that I found worth sharing here. He said, *"It was becoming clearer and clearer that if I wanted to come to the end of my life and not say, 'I've wasted it!' then I would need to press all the way in, and all the way up, to the ultimate purpose of God and join him in it. If my life was to have a single, all-satisfying, unifying passion, it would have to be God's passion."*

Proverbs 11:14 - *Without good direction, people lose their way; the more wise counsel you follow, the better your chances.* (The Message)

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**MONDAY
Matters!**

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