



Monday Matters

February 4, 2013

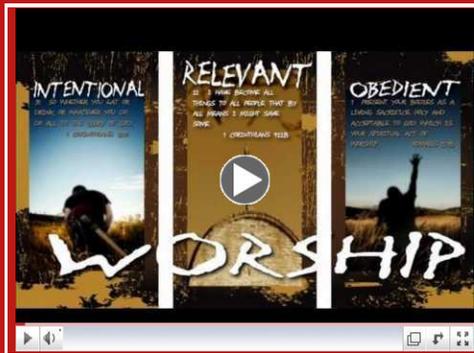
Food For Thought

I'm sitting on the beach last weekend. There were very few people around even though the air was warm and the sun shining brightly. I was in need of inspiration for my weekly post. I sat there for a long time just watching the waves roll in and the birds hovering over the water. The tide was going out and looking out over the ocean I saw dozens of brown pelicans diving into the water and making big splashes.

Why do gulls dive into the water? It could be for a couple of different reasons. Either they are really bad at landing or they saw some fish in the ocean and were hungry? I was pretty certain they knew how to land so it had to be looking for their next meal. I read that brown seagulls can see a flash of fish swimming from as high as 500 feet. I'm sure that after awhile of diving and eating fish they are satisfied. This becomes a daily activity for them, quite possibly several times a day. This is how they stay healthy and nourished.

When you and I get hungry we might hop in the car and head to McDonalds, the Outback or some other fine restaurant that we can see more than 500 feet away. Someone cooks the meals that we order and we stuff ourselves. We have then satisfied our craving for food. Other times we just open the refrigerator and pull out some food, prepare it and eat. For some it might be a frozen meal from

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Quote of the Week

Psalm 23 on Church Attendance

"Recreation is my shepherd, I shall not stay at home; It maketh me to lie down in a sleeping bag; It leadeth me down the interstate each weekend. It restoreth my suntan; It leadeth me to state parks for comfort's sake. Even though I stray on the Lord's Day, I will fear no reprimand, for I am relaxed; My rod and reel they comfort me.

I anointed my skin with oil, My gas tank runneth dry; Surely my trailer shall follow me all the weekends of summer,

Stouffers or Boston Market. As humans we have so many ways to satisfy our hunger and we do it often. I'm reminded of the verse in Hebrews 10:25 where it says, "Not forsaking the assembly of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching."

For those that call themselves Christians, we have been given the Church and its leaders to provide the food, the nourishment, needed to grow spiritually. Yet how many Christians actually take advantage of the food that is prepared for them each week?



In a recent study in a church it was found that of the membership of well over 1,000, only 33% attended on any given Sunday. In addition, 36% of the membership didn't attend any Sunday services and another 24% attended a maximum of 5 Sunday services. How can 60% of a congregation be growing as Christians if they won't even give ninety minutes of their time each week to being spiritually fed?

I know that if I don't have at least two meals a day I'd really be having some major hunger pains. I can't imagine if I only ate 5 times a year. I would be dying physically and in reality I would be dead. Does the same hold true for Christians? What causes a few people to regularly attend church and be fed spiritual food but so many others don't see the importance of food? What are their excuses?

And I shall return to the house of the Lord this fall.
But by then, it will be hunting season and football season, And that's another psalm."

~Author Unknown~

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