

# Monday Matters

April 16, 2012



## Quote of the Week



"Material possessions, winning scores, and great reputations are meaningless in the eyes of the Lord, because He knows what we really are and that is

## A Lesson from John Wooden

"*Wooden: A Lifetime of Observations & Reflections On & Off The Court*" a book by John Wooden with Steve Jamison, he talked about the day his dad gave him a list on a piece of paper and said, "Son, try to live up to these things." He used that list of seven things as guidance to shape his career, his marriage and his philosophy.

### 1. Be True To Yourself

At the end of the day, there is no one whose opinion matters more than your own...so be true to yourself. *"Don't compare. Don't try to be better than someone else. But whatever you're doing, try to be the best you can be..."*

### 2. Help Others

"Give and you shall receive" is a powerful old saying. While your motivation for helping others should not depend on others helping you back, it is surely true that you will receive back more help when you have a giving attitude.

### 3. Make Each Day Your Masterpiece

A "masterpiece" of a day will be different for all of us. As Wooden points out: *"Don't measure yourself by what you have accomplished, but by what you should have accomplished with your ability."* And *"Never mistake activity for achievement."*

*"You can't live a perfect day without doing something for someone who will*

all that matters."

-- John Wooden  
1910 - 2010

## Please Pray for this Missionary Family

Check out this newsletter from  
missionaries Anthony and  
Kristin Nelson  
[News from the Nelsons](#)



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*never be able to repay you."*

### 4. Drink deeply from good books (Wooden's favorite is the Bible)

Wooden believes reading is a key to success. Charlie Munger once said, "In my whole life, I have known no wise people who didn't read all the time - none, zero."

### 5. Make friendship a fine art

Friendship and family are key to success in life, but they require some work. "Friendship comes from mutual esteem, respect, and devotion. A sincere liking for all,"

### 6. Build a shelter against a rainy day

A shelter can be physical, financial or emotional but faith, family and friendship are the most valuable shelters to be building in your life.

### 7. Pray for guidance and count and give thanks for your blessings every day

Wooden certainly believes in a higher power. **Check out this video of [John Wooden](#).**

Parts of this article from Rob Kelly's blog